

Table 1. Baseline demographic characteristics and hormone levels of the 484 healthy postmenopausal women included in the study.

Numeric Variables	Mean $\pm$ SD	Min	Max
Age (years)	55.3 $\pm$ 5.6	43	69
Years since menopause (YSM)	5.6 $\pm$ 5.4	2	19
BMI (Kg/m ²)	25.4 $\pm$ 3.6	17.6	40.6
FSH (mIU/ml)	69.4 $\pm$ 28.8	21	168
Estradiol (pg/ml)	14.9** $\pm$ 8.2	<8*	36
Testosterone (ng/ml)	0.60** $\pm$ 0.51	<0.2*	2.8
Free androgen index (FAI)	2.9** $\pm$ 3.1	0.2	12.3
Δ 4A (ng/dl)	104 $\pm$ 48	11	355
DHEAS (ng/ml)	912 $\pm$ 439	105	2510
Homocysteine (μ mol/l)	10.8 $\pm$ 3.3	5.5	26.0
Nominal variables	N (%)		
Current smoking (>10 cigarettes/day)	117 (24.2)		
Physical exercise (>3h/week)	90 (18.6)		
Daily alcohol intake (>12g/day)	13 (2.7)		
Family history of CVD (1 st degree relative)	107 (22.1)		

(To convert: testosterone from ng/dl to nmol/L, estradiol from pg/ml to pmol/L, Δ 4Androstendion from ng/ml to nmol/L and DHEAS from μ g/dl to μ mol/L please multiply by conversion factor 0.0347, 3.67, 0.0349 and 0.00272 respectively)

* undetectable values

**median values are presented due to skewed distribution